## Blue Flag Equestrian Virtual Lessons

Live video lessons are available anywhere in the USA and beyond! Rest assured, you will receive the same valuable instruction and guidance as an in-person lesson.

Since the location is up to you, your lesson can be on at your home facility, at a schooling venue, or even at the show grounds for your warm-up or pre-ride!

Contact Anna at <u>blueflagequestrian@gmail.com</u> to schedule.

## You will need:

- sufficient internet speed
- a tripod, or dedicated phone-holding friend
- long range bluetooth ear buds
- portable charger
- · video calling application such as Pivo, Pixem, WhatsApp or FaceTime

Please do a trial run of your video equipment and app prior to your lesson to ensure easy setup on the lesson day. All video equipment should be set up prior to the lesson time.

## How It Works:

- Virtual lessons are allocated 1 hour, this allows for walking and talking while you and your horse loosen up. Send the invite link/call me just before mounting your horse.
  - If you're using Pivo, be sure to enable Guest Control, in case the robot loses track of you during the lesson (it will!).
  - If using Pixem, you'll find me by the coach nickname BlueFlag.Anna
  - If using FaceTime or WhatsApp, set your phone up horizontally, and be sure it is level and pointing towards the center of your arena.
- Tripod placement should be on the perimeter of the arena
  - If riding in an indoor arena, best placement is on a short side or in a corner. When riding outdoors, slightly outside the perimeter of your riding area seems to work best.
- Please silence your phone notifications during our lesson.
- Lesson format is the same as in person. Please perform your own Safety Check prior to mounting.

## Additional Information:

- These lessons are flatwork focused, unless you have a knowledgeable and dedicated ground person to reset your poles and jumps.
- The video app uses a lot of power, so please be prepared with a full charge and a portable power bank as backup, or we won't make it to the hour!

