

Get Real

Professional Coaching with
Anna Connor

Tune in and align to your inner authority, what is *right* for you, and move through life with clarity and integrity. What would it look like to take your dreams seriously? Let's **get real** about what's holding you back.

Get Real Coaching Packages

We'll move through comprehensive self discovery to help you gain self awareness, trust, and confidence to create what you actually want. Anna's holistic approach considers all areas of your life, helping you address blocks, gain clarity, and shift towards personal and professional fulfillment.

Logistics

- Each one-on-one session is an hour-long video meeting via GoogleMeet scheduled at your convenience using BFE's online scheduler.
- Choose from packages of 4, 8, or 16 sessions, and continue coaching with additional sessions at the package rate.
 - Package sessions may be used up to 1 year from the purchase date. Depending on your goals, it is recommended to establish a rhythm of weekly, bi-weekly, or monthly sessions.
- Single sessions are available for when you need clarity and support to take immediate action.

Ready to make moves?

Inquire today and schedule your free Discovery Session:

[Email Anna](#) | [Schedule Online](#)

