BLUE FLAG EQUESTRIAN, LLC

An athlete centered approach facilitating and motivating riders with a framework of riding instruction, coaching, critical analysis, and support.

BFE emphasizes development of both horse and rider and is customized to your unique needs incorporating all aspects of training and performance.

12 WEEK VIRTUAL PACKAGE:

Get personalized and structured guidance towards your next goal. Improve skills and partnership with your horse, and meet your edge for peak performance.

Includes:

- Weekly Lesson + Homework for Solo Rides
- 3 Coaching Sessions
- Personalized Workbook
- Video Review & Troubleshooting
- Additional services available at package rate



For more information contact Anna Connor at <u>blueflagequestrian@gmail.com</u>

Visit: www.blueflagequestrian.com

