

Virtual Lessons

Live video lessons are available anywhere in the USA and beyond. The location is up to you; your lesson can be on at your home facility, at a schooling venue, even at the show grounds for your competition warm-up or pre-ride! Lessons are flatwork focused, unless you have a knowledgeable and dedicated ground person to reset your poles and jumps.

What You Need:

- sufficient internet speed
- a tripod, well-placed ledge, or dedicated phone-holding friend
- long range bluetooth ear buds
- portable charger (recommended)
- video calling application such as Pivo, Pixem, WhatsApp or FaceTime

Please do a trial run of your video equipment and app prior to your lesson to ensure easy set-up on the lesson day. All video equipment should be set up prior to the lesson time.

What It's Like:

- Virtual lessons are 1hr with allocated time for walking and talking while you and your horse loosen up. Send the invite link/call me just before mounting your horse. You are welcome to do your walking prior to the lesson if you prefer (5-10m is recommended).
- Lesson format is the same as in person. Please perform your own Safety Check prior to mounting.
 - All lessons begin with a brief monitored warm-up including walk, trot, canter, and if appropriate, lateral work, ground poles, and/or small jumps.
 - Your individual lesson plan is formulated to achieve the improvement of you and your horse based on the goals and opportunities of the day.
 - We will conclude with a summary noting areas of progress and difficulty, and discuss homework for continued improvement.

What To Do:

- Download and Find Me on the Apps
 - If you're using [Pivo](#), text the invite link to 937-581-0332. Be sure to enable Guest Control, in case the robot loses track of you during the lesson (it will!).
 - If using [Pixem](#), you'll find me by the coach nickname BlueFlag.Anna
 - If using [FaceTime](#) or [WhatsApp](#) call me at the number above.
- Place your tripod on the perimeter of the arena
 - Indoor arena best placement is on a short side or in a corner
 - Outdoor best placement is on a long side slightly outside of your riding area
 - Situate the phone horizontally and be sure it is pointing towards the center of your arena
- Please silence your phone notifications during our lesson.

